

# REDEMPTORISTS IRELAND YOUTH MINISTRY



## **RESOURCES: CHALLENGES & ACTIVITIES**



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## PHOTOGRAPHIC CHALLENGES:

- Take a photo of something around the house beginning with every letter of the alphabet
- Take a photo of something of every colour of the rainbow
- Take a photo that only has objects of one colour
- Take a photo in black and white
- Create a scavenger hunt and take photos of the items

## ART CHALLENGES:

- Do a drawing without taking the pen off the paper
- Draw/paint a self-portrait
- Draw/paint about something that inspires you

## WORLD RECORD CHALLENGES - CHALLENGE YOUR GROUP TO TRY AND BEAT SOME SILLY WORLD RECORDS:

- Most spoons balanced on the human body (79 to beat)
- Farthest distance to blow a pea (7.51m to beat)
- Farthest distance to throw a paper airplane (69.14m to beat wow)
- How quickly can you eat 3 cream crackers (14.45 seconds to beat)
- Tallest toilet paper tower in 30 seconds only touching one roll at a time (28 rolls to beat)
- Most jumpers or tops on in 1 minutes (15 to beat)
- Most smarties eaten with chopsticks in 1 minute (20 to beat)

## LEARN SOMETHING NEW CHALLENGES:

- Solidarity, Service & Charity - Check out our very own SERVE ([www.serve.ie](http://www.serve.ie))
- New language - e.g. Duolingo Crash Course - <https://www.youtube.com/user/crashcourse> (loads of subject to pick)
- Ted Talks - Encourage groups to watch a new Ted Talk each day - [www.Ted.com](http://www.Ted.com) (great conversation starter)

**ALSO** - check out The Hot Chocolate Trust who have produced a great list of ideas too via their Twitter feed @HotChocoTrust.



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# CHALLENGES FOR YOUTH GROUPS

## WE'VE SEEN A LOT OF GREAT CHALLENGES CIRCULATING ON SOCIAL MEDIA BUT MAYBE YOU WOULD LIKE TO GIVE A GO AT A FEW OF THESE SUGGESTIONS!

1. A Tik Tok Challenge - ask your group to recreate a Tik Tok Challenge and share it to community social media page. It is FUN!!
2. Write a prayer to be used in your online church services over the next few weeks
3. Film themselves doing the 'Cereal Box Challenge'
4. Share a riddle or maths problem with the group
5. Memorise all the books in the Bible!
6. Bake something
7. Do a successful bottle flip in the weirdest place in your house
8. Create a music playlist which will suit or support your group in these times
9. Invent a new game that can be demonstrated from a social distance
10. Encourage family challenges or simple acts of kindness
11. Get a picture of a sunset
12. Using a Dude Perfect Trick Shot YouTube video - recreate as many trick shots as possible!
13. Depending on the size of the group size - ask each person to write 5 quiz questions - then meet together that night and do an online quiz
14. Design a new youth group logo/t-shirt or picture
15. Ask them to download an App which helps them see and identify the stars, like 'SkyView Lite'. Then ask them to find a certain star using the app!
16. Paint a rock or paint a kind message and leave it somewhere on a daily walk!
17. A talent show
18. Share one thing that you are thankful for and get your leaders to involve prayer
19. Do a thank you/encouragement video for your clergy or those working in your church. You could also expand this to people within your local community
20. Find your favourite picture of yourself and your friends, share why it's your favourite.

